

Life Skills Learning Journey

Complete BTEC Personal Growth

Self Checking

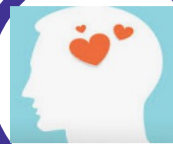
Emotional Health

Healthy Living

Financial
scams

A bright
future!

BTEC



Post 16 Options

Future Planning

Setting Goals

Finances

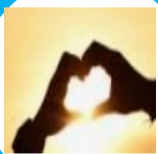
Financial Safety

16

The Future
NEXT EXIT



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Long term
relationships

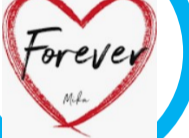
Social Media and
Relationships

Safe relationships

Intimate
relationships

Consent

Parenting



Health Services

Healthy Relationships

Contraception

Impact of pornography



Social Relationships



Needs and Wants

Lifestyle Choices
and Health

Resilience

Police and Crime

Friendships

Being a teenager



My skills and
qualities

Puberty

New Year New Me

Physical and Mental
Wellbeing

Budgeting

**MY SKILLS
MY LIFE**



New Year.
New Me.
Same dreams.
Fresh starts.



Values

**STAY
SAFE**



Values and our democracy

Keeping safe, clean & well

Managing emotions &
building self esteem

What are Life Skills?

Six years of
quality primary
school PSHE
learning